

# Care Transition Coach

How those in the role describe it.



I am passionate about preventative health and empowering people to better manage their own health and navigate the health system.

I actively listen to the participant, ask questions to identify issues and then coach the participant to find the solution that works for them.

I allow participants time to talk about what is important to them, reflect back to them and give opportunities for them to explore different options.

I ensure the safety of my participants by acting on any concerns raised. I ensure my own safety and report any issues in a timely way.

I always treat my participants with respect and ensure they get the best service I can offer each time we talk to each other. I come up with solutions to challenges with the program and raise them with my manager.

I support participants to make the changes they need and acknowledge the steps they have taken and support them to continue.

I genuinely care about the participants that I meet and want to support them. I am happy to support participant's decisions and put people at ease when I am with them.

I'm highly organised and can structure my day so I focus on what is most important first and can also be flexible to adapt to new demands.